

Using Color to Create Relaxing Spaces

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When recently asked by a client to help decorate a relaxation room in a salon, our thoughts turned to colors that will provide a calming atmosphere. The colors of paint have been known to change the way we feel when we walk into a room. The paint colors we choose can have an effect on how we feel and have been known to change our moods. The two best colors to promote relaxation and calm are blues and greens.



Blue is a color associated with knowledge, relaxation and health. It is known to be calming and good for stress relief. Blue is often used in bedrooms because of the peaceful feeling that it can give us. Pleasant dreams might be the end result of coloring the bedroom in shades of blue.

Green is a color associated with balance, love and peace. The color green is a soothing and relaxing color for your home. This color can come in many shades and is used for many rooms in the home such as family rooms, home offices, and dining rooms because of its neutral calming feeling. Medium greens usually are reminders of nature. You can create a peaceful feeling using greens since gardens, meadows and forests create feelings of peace and calmness.

Whatever paint colors you choose for your home you can get these colors toned down and in the different shades so you are sure to find the right color you are looking for.

Live with the colors you love. They will make you happy.



Having someone to love is

Family

Having somewhere to go is

Home

Having both is a

Blessing



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Featured Project—Remodeling vs. Buying New



With the housing market in a slump, many people are deciding to hold off on their plans to move to a new home for fear of losing money on their current home. Choosing to remodel and/or freshen up your décor can provide a nice change as well as help put your home on the forefront when the market turns around.



Opening up a wall, fresh paint and updated furnishings give this family room a comfortable and inviting look. Check out our website to see photos of the entire remodeling project.

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The Dog's Corner



Need an unusual piece for your foyer, family room...

Something that is sure to get a conversation going?

Check out Black Dog's original door tables! These tables are custom built and painted to fit your space and

Black Dog Art Studios
